



Dr. Xavier Bruce (Dr. X) is a highly sought-after keynote speaker, author, expert thought leader, and leadership consultant.

As a retired Lieutenant Colonel, Dr. X's distinguished career in the US Air Force spanned more than two decades. Since graduating from the United States Air Force Academy, he has worked with several industries over the course of his career including supply chain management, hospital administration, intelligence analysis, and leadership consulting.

These high-risk leadership experiences have all served as the launching point for his proprietary "Strategic Energetic Transition™" methodology. His proven methodology serves organizations and teams as a tool to empower their members to foster a self-leadership development and resilience-building mindset.

Dr. X is an established, nationally recognized keynote speaker in the areas of Self-Leadership and Resilience. He has shared his expertise with numerous high-level associations and Fortune 500 companies including Northrop Grumman, Caterpillar, Boston Scientific, Toyota, and Raytheon. Additionally, his insights have been featured in publications like Military Times, ABC, NBC LX, The Baltimore Sun, multiple podcasts and, most recently, on CBS Audio: Eye on Veterans.

While his impressive resume continues to grow with accolades, achievements and contributions, Dr. X remains steadfast in his commitment to serve. Leveraging his experience and work alongside team leaders, Dr. X's mission is clear. To relentlessly dedicate himself and those he serves to develop a culture of self-leadership and resilience.

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